**EH&S Safety Briefs**

**Please Post!**

**April is California Earthquake Preparedness Month**

California is earthquake country. We’re going to experience earthquakes. Planning and preparedness are key to reducing injuries and damage when earthquakes occur.

**If a large earthquake happens right now:**

- **Duck**
  - DUCK or DROP down on the floor.

- **Cover**
  - Take COVER under a sturdy desk, table, or other furniture. If that’s not possible, seek cover against an interior wall and protect your head and neck with your arms.

- **Hold**
  - If you take cover under a sturdy piece of furniture, HOLD on and be prepared to move with it. Stay under cover until the shaking stops and it’s safe to move.

Continued on back...see Earthquake Preparedness

**Don’t Trash That Battery!**

http://blink.ucsd.edu/go/battery

All batteries are hazardous waste. Keep used batteries out of UCSD’s trash by following proper disposal methods.

**How you dispose of batteries at UCSD depends on:**

- Where your facility is located
- Whether you have a Waste Generator Number (WGN) or not
- Size and type of battery

“How To” procedures appropriate for you and your location are available on Blink at http://blink.ucsd.edu/go/battery.

**Workplace of Distinction Award Winners!**

**Fall 2001/Winter 2002**

Environment, Health & Safety celebrates UCSD employees who excel at creating and maintaining a safe and healthy workplace consistent with EH&S policies. Who shines for Fall 2001/Winter 2002? The winners are...

**OUTSTANDING INDIVIDUAL**

**Arthur Van Roekel!**

Physical Plant Services

Art goes out of his way to ensure safety service is delivered to UCSD, and he does it in a friendly, efficient, and professional manner. Art is well known to EH&S Pest Management technicians who can count on him to supply special equipment and access to complete a job safely. Because it’s in the best interest of the customer, Art undertakes many “special” jobs himself (like retrieving dead animals from under buildings to eliminate odor complaints—now THAT’s a hero!).

**OUTSTANDING WORKGROUP**

**Fred Gomez and Jorge Espinoza!**

Mail Services

Fred and Jorge were instrumental in promptly protecting the safety of Mail Services staff when the anthrax threat commenced in October 2001. After arranging a campuswide presentation from the U.S. Postal Service, the information was distributed on the Mail Services and Blink web sites and via electronic notice. Fred and Jorge demonstrated their commitment to the safety of not only UCSD employees, but the entire campus community.

University of California, San Diego-Environment, Health & Safety Office 858/534-1954 0920 pkoger@ucsd.edu http://www-ehs.ucsd.edu
Safety Training Programs

EH&S Safety Training Days
1st & 3rd week of every month.
See the schedule at http://www-ehs.ucsd.edu/training/train_sched.htm

An extensive array of safety training classes are offered:
- Injury & Illness Prevention Program (IIPP)
- Radiation, Biosafety, Chemical Safety
- Hazardous Waste Management
- Risk Management/Workers' Compensation
- How to Maintain a Healthy Back
- Office and Laboratory Ergonomics

Injury & Illness Prevention Program
See the schedule at http://www-ehs.ucsd.edu/iipp/iipp.htm
Register: by e-mailing ehs-iipp@ucsd.edu

Risk Management: Driver Safety, Personal Car Usage, Property Losses
April 17, 10 - 11 a.m., Price Center -Gallery B
Register: by e-mailing ehsrisk@ucsd.edu, or call (858) 534-4237

The Unseen Costs of Risk Management
May 30, 1 - 4 p.m.
Torrey Pines Ctr South, suite 265A
Register: online via Enrollment Central at http://enrollmentcentral.ucsd.edu/
Learn how to manage costs related to work-related injuries, employment/general liability and auto accidents, thefts, flood and fire damage.

Campus Casualties
- In separate incidents, two machine shop workers were struck in the eye with tiny pieces of metal. One employee was machining aluminum when the accident occurred; the other was welding.
- An employee’s wrist was burned when the torch being used by his workmate to repair a leaking pipe accidentally missed its mark.
- Concentrated liquid sanitizer splashed into the eyes of a Food Services employee as dishes were being washed.
- A laboratory worker accessing a five gallon plastic carboy stored on top of a refrigerator was struck on the head when the carboy fell off. It also spilled its 2 liters of chemical contents on the floor (fortunately not on the employee).

What’s Bugging You?
http://blink.ucsd.edu/go/pests

Ants in your plants? Mice in your rice? Explore the new Blink Pest Management pages (http://blink.ucsd.edu/go/pests). If you’re having problems with pests, see “How to Get Rid of Pests”. If you want to discourage pests from invading your home or office, see “Tips for Preventing a Pest Invasion”.

Earthquake Preparedness...continued

Before an earthquake happens:
- Think ahead about how you would exit your room and building. Familiarize yourself with emergency information for your facility. Talk to your Departmental Safety Coordinator and coworkers about what your group will do in an emergency. Include any disabled people in your area that may need special assistance.
- Brace or rearrange your furniture to minimize falling hazards. Bolt bookcases and filing cabinets to the wall. Do not put heavy items or full boxes on tall furniture or upper shelves. Pay special attention to furniture and equipment that could topple and block your exit path.
- In laboratories, secure as much of your equipment and chemicals as possible. Use shelf lips (1.5 inches high measured from the shelf surface) and positive latching devices on cabinet doors. Secure gas cylinders to the wall or lab bench with two chains, one- and two-thirds the way up the cylinder. Keep an up-to-date chemical inventory accessible.
- Locate your nearest fire extinguisher. Learn how to use it and when it is safe to use it. For a good primer, borrow the “Using Portable Fire Extinguishers” video (14 minutes long) from EH&S for your next staff meeting. Send an e-mail request to smaddox@ucsd.edu.
- Back up your computer(s) frequently. Keep the back-ups at a separate location.