Cal/OSHA Increases PPE Requirements

Supervisors, Cal/OSHA's revised Personal Protective Devices Regulation (CCR Title 8, Chapter 4, Section 3380) now requires employers to:

- Conduct a documented workplace assessment to determine if hazards are present or likely to be present that necessitate the use of personal protective equipment (PPE)
- Provide employees with PPE and training
- Require employees to use and maintain their PPE

It sounds very similar to the hazard assessment requirements in your Injury and Illness Prevention Program. So what’s new? The revised regulation focuses on PPE requirements.

How do supervisors make sure UCSD is in compliance with the new PPE requirements?

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EH&S Online Recharge Statements

http://ehs1sun.ucsd.edu:8090/recharge_report/

Do you manage recharges for EH&S services like pest control, housing inspection, or risk management? Use the EH&S online Recharge Statement tool to look up your EH&S recharge statement and generate reports. Access the Online Recharge Statement tool directly at http://ehs1sun.ucsd.edu:8090/recharge_report/, or from the “EH&S Index to Services” page on Blink at http://blink.ucsd.edu/go/ehsservices.

September is Campus Preparedness Month

There’s nothing like the real thing to shake us out of complacency. September 8’s sudden power blackout was a stunning emergency preparedness exercise. We all became keenly aware of the successes and shortcomings of our preparedness. How did your department fare?

Department Emergency Action Plans

Every UCSD department must have an Emergency Action Plan. They are an integral part of the campuswide Emergency Operations Plan and preparedness effort.

Department Emergency Action Plans address the needs of faculty, staff, and students at specific locations during emergency situations. Large departments occupying different locations may need individual plans for each facility they occupy.

Your department plan should identify hazards unique to your workplace, along with corresponding response strategies that minimize exposure to hazardous conditions during an emergency. Examples of what to consider include:

- Preparing for sudden and unexpected power failures
- An outdoor assembly area for when your building is evacuated
- Special needs for people with disabilities, visitors, and small children


Questions? Contact Continuity & Emergency Services at emergency@ucsd.edu or (858) 534-3823.

Motor Vehicles Won’t Drive Themselves!

Increasing numbers of motor vehicle accidents related to distracted driving indicate an alarming number of motorists assume vehicles will somehow safely operate themselves while their drivers are busy texting, phoning, browsing, eating, or grooming — among other distractions. What is distracted driving?

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Distracted Driving ... continued

The National Highway Traffic Safety Administration (NHTSA) says:

Distracted driving is any non-driving activity a person engages in that has the potential to distract him or her from the primary task of driving and increase the risk of crashing.

The NHTSA lists 3 main types of distractions:

- Visual – taking your eyes off the road
- Manual – taking your hands off the wheel
- Cognitive – taking your mind off what you’re doing

While all distractions can endanger drivers’ safety, texting is the most alarming because it involves all 3 types of distraction.¹

Two 2010 research studies have shown that although drivers are reducing their use of technology while driving, it continues to be a contributing factor in 4 out of 10 collisions. More than ever, safe driving requires our full focus.

Two simple things you can do to reduce distractions while driving are:

1. Turn off or silence your cell phone while driving so you’re not tempted to answer it.
2. Change your cell voicemail greeting to something like “Sorry to miss your call. I’m either away from my phone or driving. Please leave a message and I’ll get back to you as soon as I am safely able to.”

Learn more about distracted driving and efforts to prevent it on Distraction.gov at http://www.distraction.gov/.


Personal Protective Equipment ... continued

Follow these steps to ensure your workplace is in compliance:

- Conduct a workplace assessment to identify job hazards and determine if PPE is necessary.
- Hazard assessment applies to protection of the head, eyes, and face (including respiratory and hearing protection), hands, feet, and body.
- Document your assessment with the PPE Hazard Assessment form available online at http://blink.ucsd.edu/go/ppe.
- Provide appropriate PPE, based on the assessment, to employees who need protection from hazards and require them to use it.
- Train employees. Employees must receive documented training on the following:
  - What type of PPE is required
  - When to wear the required PPE
  - How to put on, adjust, wear, and remove PPE
  - The limitations of PPE
  - Proper care, maintenance, and useful life of PPE
  - When to replace worn-out PPE
  - How to discard contaminated PPE
- Ensure employees demonstrate an understanding of the training topics and the ability to use PPE before work starts.
  - Retrain employees who do not demonstrate an understanding or do not exhibit an adequate skill level. Retraining is also required when previous training is obsolete.
- Keep all PPE-related documentation until the hazard ends or is eliminated.
- Provide disposable PPE for visitors and service workers if necessary.

Learn more about personal protective equipment on Blink at http://blink.ucsd.edu/go/ppe.

UCSD’s Online Waste Tag Program (OTP)
https://ehs.ucsd.edu/pi

Thanks, Area Managers, for using UCSD’s new Online Waste Tag Program to manage hazardous waste and for your comments and suggestions to improve the program, many of which have been implemented.

Campus waste generators using the new OTP help both their department and the university realize waste management efficiencies and cost savings that are critical in today’s tight fiscal environment.

All campus waste generators are encouraged to use the OTP. Environmental Management Facility staff are ready to assist new users. Contact Richard Snow: rsnow@ucsd.edu or (858) 534-9984.

Thanks for being part of UC San Diego’s new electronic waste tracking system!