Standard Operating Procedure
for N95 Filtering Facepieces for VOLUNTARY USER

Name: ____________________________
Department: ______________________  Date: ______________________

Respirator user must be in compliance with the UCSD Respiratory Protection Program.  
http://blink.ucsd.edu/go/respirator

<table>
<thead>
<tr>
<th>PROCESS/CONTAMINANT</th>
<th>MANUFACTURER/TYPEx OF FILTERING FACEPIECE</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEFORE USE INSPECTION</td>
<td>Inspect face piece for defects, dirt, sign of wear and tear, and storage condition. Perform positive and negative pressure fit checks. Read and understand Appendix D of Section 5144, CCR, Title 8.</td>
</tr>
<tr>
<td>AFTER USE INSPECTION</td>
<td>Dispose after use, especially if it’s wet, damaged, and/or dirty.</td>
</tr>
<tr>
<td>STORAGE (Not encouraged and not applicable, read direction on the manufacturer’s box).</td>
<td>Keep it in good condition by storing it individually in a zip lock plastic bag labeled with your name.</td>
</tr>
<tr>
<td>RECERTIFICATION (Not required)</td>
<td>Please contact EH&amp;S (<a href="mailto:ehsis@ucsd.edu">ehsis@ucsd.edu</a>) if there are any changes work process, and contaminants. EH&amp;S will not be contacting you for annual certification. However, if you would like to verify your respirator fit status, please contact EH&amp;S.</td>
</tr>
</tbody>
</table>

☐ Review Appendix D, CCR, Title 8, Section 5144: (Mandatory) Information for Employees Using Respirators When Not Required Under the Standard

Respirators are an effective method of protection against designated hazards when properly selected and worn. Respirator use is encouraged even when exposures are below the exposure limit, to provide an additional level of comfort and protection for workers. However, if a respirator is used improperly or not kept clean, the respirator itself can become a hazard to the worker. Sometimes, workers may wear respirators to avoid exposures to hazards, even if the amount of hazardous substance does not exceed the limits set by OSHA standards. If your employer provides respirators for your voluntary use, or if you provide your own respirator, you need to take certain precautions to be sure that the respirator itself does not present a hazard.

You should do the following:
1. Read and heed all instructions provided by the manufacturer on use, maintenance, cleaning and care, and warnings regarding the respirators limitations.
2. Choose respirators certified for use to protect against the contaminant of concern. NIOSH, the National Institute for Occupational Safety and Health of the U.S. Department of Health and Human Services, certifies respirators. A label or statement of certification should appear on the respirator or respirator packaging. It will tell you what the respirator is designed for and how much it will protect you.
3. Do not wear your respirator into atmospheres containing contaminants for which your respirator is not designated to protect against. For example, a respirator designed to filter dust particles will not protect you against gases, vapors or very small solid particles of fumes or smoke.
4. Keep track of your respirator so that you do not mistakenly use someone else's respirator.

I understand I am under the voluntary status for N-95 filtering facepiece and have been given and read the Appendix D, Title 8, Section 5144.

Employee Signature  ____________________________  Date  ____________________________

4/29/2009
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