

Needlestick or other Exposure to Blood, Body Fluids, and Recombinant DNA



Protocol for exposure to human or primate blood, body fluids, bloodborne pathogens, or recombinant DNA

1. Wash the wound thoroughly with soap and water.
Use the eye wash to rinse out splashes to mucous membranes.
2. Seek medical advice and treatment as directed below.
3. Report incident to EH&S immediately at (858) 534-3660.
4. Complete an [Employee Incident Report](#) (PDF) and forward it to EH&S, Mail Code 0920.

During business hours, 8 a.m. – 4 p.m.:

- Call the Medical Center paging operator at (619) 543-6737 and ask them to page 1447.

OR

- Call (619) 471-9210 and ask for an emergency consultation with an Occupational Medicine nurse.

After business hours OR if paging doesn't work:

- Proceed directly to the Emergency Room of [Thornton Hospital](#) or [UCSD Medical Center at Hillcrest](#).

Note: Post-exposure prophylaxis drugs are designed to stop HIV infection and replication. The sooner prophylaxis can be started, the better. Even if you have been delayed by several hours or days, seek medical advice. The interval after which post-exposure prophylaxis provides no benefit is not known.

Questions regarding emergency preparedness at UCSD?
Contact [Environment, Health & Safety](#), (858) 534-1064 or 534-3823.

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